

## DPH Annual Report 2018

<b>To:</b>	Live Well South Tees Health and Wellbeing Board	<b>Date:</b>	21 March 2019
<b>From:</b>	Director of Public Health	<b>Agenda:</b>	5
<b>Purpose of the Item</b>	The purpose of this report is to present to the DPH annual report for 2018 and facilitate a discussion for progressing the recommendations.		
<b>Summary of Recommendations</b>	That the Health and Well-being Board: a. Receive the Director of Public Health Report 2018 for information and receive updates on the implementation of the recommendations;		

### 1 PURPOSE OF THE REPORT

- 1.1. The purpose of this report is to present to the Live Well South Tees Health and Wellbeing Board the DPH annual report for 2018.

### 2 BACKGROUND

- 2.1 Directors of Public Health (DPH) have a statutory requirement to produce an annual report on the health of their population. The 2018 DPH annual report is a joint report for Redcar & Cleveland and Middlesbrough following the establishment of the joint public health service and the Live Well South Tees (Joint Health and Wellbeing) Board. The report describes the leadership commitment and progress made by both Councils to work with their communities and wider health and social care partners to improve health and wellbeing and to reduce health inequalities.

### 3 Live Well South Tees, Director of Public Health Annual Report 2018

- 3.1 The DPH report (Appendix 1) begins with an outline of the progress made to date on the implementation of the recommendations from the DPH report 2017 for both Councils. For Middlesbrough, the 2017 report focused on actions for achieving longer and healthier lives in the Borough. There has been progress with implementing the recommendations and recent approaches to improving physical and social regeneration will help to further reduce inequalities by tackling issues such as wellbeing, loneliness and isolation across the Borough.
- 3.2 The report provides a description of the commitment by both Councils to improve the health and wellbeing and reduce inequalities for local populations through their Council plans and describes the actions taken to ensure effective and efficient delivery against a back drop of diminishing resources. There is a description of the governance arrangements that have been put in place by the formation of the Live Well South Tees Board, joint public health service and health and wellbeing executive to facilitate joined up working within and across agencies.
- 3.3 Included in the report are a number of case studies and examples of good practice that has been achieved as well as new multi-agency partnership arrangements. Examples of these include the Dementia Friendly South Tees, Affordable warmth, Smoke free environments,

Screening saves lives and the Live Well Centre programmes. The report also includes a summary of the main challenges to improving health; the burden of diseases; the health and care gap; changes in our population dynamics that impact on health and social care resource utilisation; the structural changes in the NHS; and the need for a renewed emphasis on addressing the wider determinants of health and wellbeing.

**4** *Summary of the recommendations*

**4.1**

Below is a summary of the recommendations from the DPH report 2018.

Recommendation 1	As the joint public health service becomes more embedded across both organisations, there is need to demonstrate the benefits that were outlined in the business case.
Recommendation 2	The Live Well South Tees Board should enable and promote multi-agency support and delivery of the ambitions set out in the Middlesbrough Strategic Plan and 'Our Flourishing Future'. In particular further work needs to be carried out on the following: <ul style="list-style-type: none"> <li>a. Develop a plan on addressing the issues associated with work and health;</li> <li>b. Strengthen the work between transport and health and maximizing the health benefits of sustainable travel;</li> <li>c. Develop a multi-agency local clean air plan for South Tees;</li> <li>d. Strengthen the work between planning and health to create environments that promote health and wellbeing; and</li> <li>e. Refresh the plans for tackling poverty.</li> </ul>
Recommendation 3	Work needs to continue to reduce the inequalities in life expectancy and healthy life expectancy and to ensure the major contributing factors to the decline in life expectancy figures and the widening inequality gaps continue to be addressed. These include the following: <ul style="list-style-type: none"> <li>a. Clear plans for reducing the mortality from Cardiovascular diseases, diabetes, cancer and respiratory conditions that spans prevention through to specialist treatment and care;</li> <li>b. A clear strategy for improving quality of life and addressing the major causes of low healthy life expectancy to cover musculoskeletal conditions, mental health (anxiety and depression) and the key long term conditions; and</li> <li>c. Continued focus on preventing drug related deaths, suicides and deaths from road traffic accidents.</li> </ul>
Recommendation 4	The Live Well South Tees Board needs to ensure local plans reflect a stronger focus on: <ul style="list-style-type: none"> <li>a. Wellbeing and healthy life expectancy (quality of life)</li> <li>b. Primary and secondary prevention;</li> </ul>

	<p>c. Children, young people and families; and d. Mental health.</p>
Recommendation 5	<p>The Live Well South Tees Board will need to continue to hold the Integrated Care System to account for the plans and delivery plans at all the different levels (regional, sub-regional and place based) to ensure the decisions being made lead to improvements in the health of the local population.</p>

**4 CONCLUSION**

**4.1** At the Live Well South Tees Health and Well-being board meeting the DPH will present the key areas from the report, the challenges including a summary of the proposed funding changes for local government, public health grant and the NHS (Appendix 2).

**5 BACKGROUND PAPERS.**

**5.1** Appendix 1 – Report to the Tees Valley LA Chief Executives on the Fair Funding Review Consultation

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